



Teresa Perozzi and Agathe Holowatinc have joined forces.

We'll help you get
YOUR GOALS



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Fuelled

personal
chef services



Transform Your Body | Enhance Your Energy | Supercharge Your Life



integrative nutrition a premium service

- Agathe loves to cook and has spent 20+ years thinking about how she can deliver food that will actually benefit those who eat it — That will actually **FUEL** their body.
- This is a premium service for those who are really dedicated to making a change in their lives and are ready for the next level in terms of getting **FUELLED**.
- Have Agathe cook a delicious and nutritious **FUELLED** breakfast, lunch or dinner for you and your family at your home. If requested, Teresa will cook a fabulous **FUELLED** dessert. This service includes grocery shopping for the ingredients, so it's a real time saver for you!
- Great for busy executives, hard working moms and dads with families, people with little experience in the kitchen, or those who want to take their coaching momentum and taste the difference a **FUELLED** meal makes.

➤ Fuelled

Bermuda Ltd.



**“Take care of your body.
It’s the only place you have to live.” Jim Rohn**

- Agathe will ensure you’re eating to enhance your health and the health of those you love with her whole food, mostly plant based meals.
- This service can be a one-off or we can discuss personal chef services on an ongoing basis.
- To top it off - Agathe can also incorporate food literacy and awareness education (i.e. a learning experience) into this service for you (at an additional fee).

➤ **Your next step is to schedule your Personal Chef Services.**
Please contact us to start the discussion today.



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