

**"Healthy Doesn't Have To Be Hard"**

**FUELLED Bermuda Group Cooking Demonstrations**



**With Agathe Holowatinc, Integrative Nutrition Health Coach**

**Menu – Monday, October 5, 2020**

**“Greek Salad and The Best Roast Chicken Ever”**

- **Roasted Rosemary Grass-Fed Whole Chicken**
- **Glorious Greek Salad**